My exchange in Hong Kong
Why you should go on exchange?

**Academic Benefits**
- Get a feeling of what's globally important
- Get new perspectives on topics
- Get to know a different learning culture

**Cultural Benefits**
- Get to know a different lifestyle
- Discover new ways to solve problems
- Learn more about how societies work
The opportunity to reflect on the life you lived so far
A challenge for your self-responsibility
Get to know new people, make new friends
Learn about new perspectives (I know that sounds cheesy)
Have fun, try new food, go out, etc.
Challenges

Getting injured
• Reach out to others
• Take actions immediately

Adapting to a new system
• Talk to other students
• Do your own research
• Work on your biases

Space & Cultural Differences
• Get ideas from others
• Learn how to be efficient
Learnings

Some good ideas

**Before the stay**
- clarify insurance matters
- better ask twice than one time to less
- connect to the WhatsApp/Facebook groups of exchange students
- look at previous experience reports

**During the stay**
- communicate as much as possible
- make the most of your time
Memorable Moments and Do's

Get to know the locals
They will take you to place that you would never have found otherwise

Go out in the nature
A great way to get a break from studying and everyday life in the city

Do Day Trips
Take advantage of the fact that you are here for a longer time
Contact

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