

My exchange in Hong Kong

## Why you should go on exchange?



#### **Academic Benefits**

- Get a feeling of what's globally important
  - Get new perspectives on topics
- Get to know a different learning culture



#### **Cultural Benefits**

- Get to know a different lifestyle
- Discover new ways to solve problems
- Learn more about how societies work



# Personal Benefits

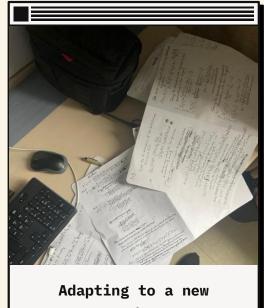
- The opportunity to reflect on the life you lived so far
- A challenge for your self-responsibility
- Get to know new people, make new friends
- Learn about new perspectives (I know that sounds cheesy)
- Have fun, try new food, go out, etc.

# Challenges



#### Getting injured

- Reach out to others
- Take actions immediately



- Talk taystem students
- Do your own research
- Work on your biases



### Space & Cultural Differences

- Get ideas from others
- Learn how to be efficient

#### Learnings

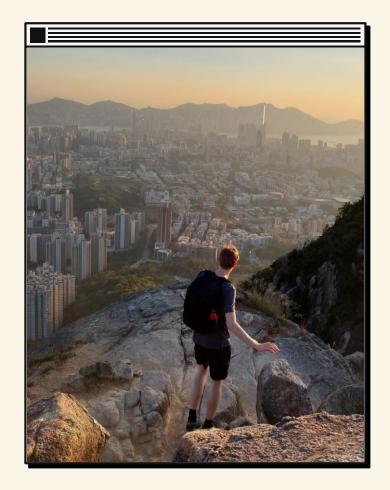
### Some good ideas

#### Before the stay

- clarify insurance matters
- better ask twice than one time to less
- connect to the WhatsApp/Facebook groups of exchange students
- look at previous experience reports

#### During the stay

- communicate as much as possible
- make the most of your time

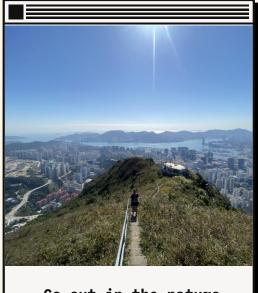


### Memorable Moments and Do's



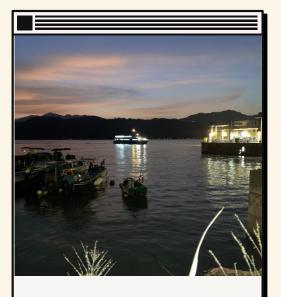
Get to know the locals

They will take you to place that you would never have found otherwise



Go out in the nature

A great way to get a break from studying and everyday life in the city



Do Day Trips

Take advantage of the fact that you are here for a longer time

### Contact

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